19th EDITION

ORGANISED BY **Audax Club Parisien**

PARIS BREST PARIS RANDONNEUR

SAINT-QUENTIN-EN-YVELINES — SAINT-QUENTIN-EN-YVELINES

WITH THE SUPPORT OF
THE **CONTROL TOWNS**
AND THE AGGLOMERATION OF
SAINT-QUENTIN-EN-YVELINES

18 - 22 AUGUST 2019

Audax Club Parisien RANDONNEUR

www.ffct.org FF CYCLOTOURISME

VELODROME NATIONAL SAINT-QUENTIN-EN-YVELINES

île de Loisirs Saint-Quentin-en-Yvelines

îledeFrance

MONTIGNY LE BRETONNEUX
La ville qui vous va bien

SAINT QUENTIN EN YVELINES
Terre d'innovations

In August 2019, the PARIS-BREST-PARIS Randonneur will be back for its 19th edition. This long-distance randonnée, held every four years, is one of the most famous cycling events in the world and may be seen as equivalent of the Olympic Games for cycling randonneurs.

The Audax Club Parisien is pleased to invite you to this famous long-distance randonnée. Under the auspices of the Fédération Française de Cyclotourisme, and together with our partners, the Communauté d'Agglomération de Saint-Quentin-en-Yvelines and the Ville de Montigny-le-Bretonneux, we are looking forward to welcoming you at the Velodrome National of Saint-Quentin-en-Yvelines on August 18 and throughout the following days for one of the most exciting challenges in your life as a cyclist.

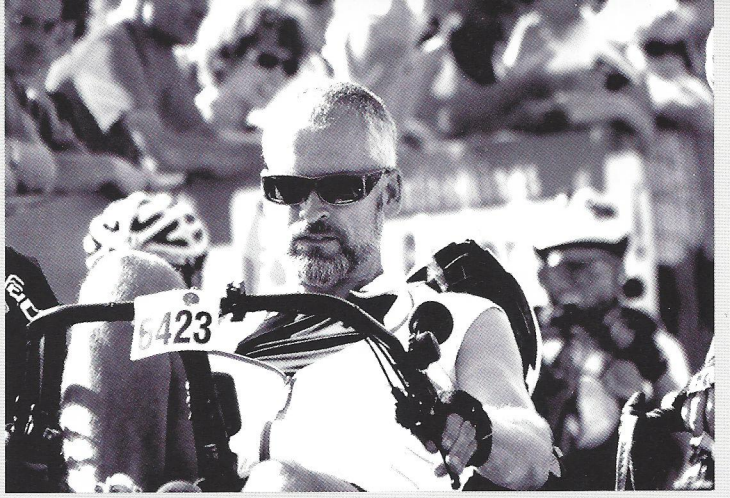
You will be among thousands of other riders from around the world participating in this mythical event, joining the long list of randonneurs having contributed since 1931 to the legend of the Paris-Brest-Paris Randonneur. Some will endeavour to succeed in either their 9th (female record attempt) or 12th (male record attempt) PBP, hats off !

The Paris-Brest-Paris is a special challenge. There is no classification and no podium, only the pleasure of effort under audiences' encouragements here and there along the road.

About every 80 km on the route, local clubs organize check points for control, and offer food and sleeping options, as well as technical assistance and medical care.

Passion for this event is growing. You will join riders arriving from 70 countries to revel in the beautiful landscapes of Ile de France, Normandy, Maine and Britany.

Bonne route et bon vent
The Audax Club Parisien



PBP RANDONNEUR IN FIGURES

2015 GLOBAL RESULTS

Start	80h	84h	90h	Total
Started	1 210	782	3 878	5 870
Did not finish	176	82	855	1113
Over time	17	4	123	144
Homologated	**1 016**	**695**	**2 899**	**4 610**

GROWTH OF PARTICIPATION FROM 1931 TO 2015

	REGISTERED	HOMOLOGATED
1931	64	44
1948	205	152
1951	493	379
1956	250	155
1961	191	127
1966	187	137
1971	376	272
1975	729	559
1979	1 881	1 574
1983	2 197	1 895
1987	2 690	2 119
1991	3 388	2 617
1995	2 976	2 376
1999	3 686	2 976
2003	4 185	3 459
2007	5 310	3 606
2011	5 225	4 068
2015	6 094	4 610

LIMITATION OF NUMBER OF ENTRANTS

We might be led to restrict the number of registrations in order to ensure the safety, the fluidity and quality of this event. The maximum total number of participants will be communicated early in 2019.

REGISTRATION - **BE AWARE, REGISTRATIONS WILL END ON JULY 03, 2019 !!**

The registration period begins on June 1 and ends on July 3, 2019. Registrations can only be made through the PBP web site.
You can register before having completed the qualifying brevets, but you need to provide the missing brevet certification numbers **before July 3 or your registration will be cancelled.**

PREREGISTRATION

From January 14, 2019, a preregistration scheme will enable you to know day after day how the ride fills up. To assure your best chances of participating, we recommend riding at least one ACP-sanctioned brevet (i.e. BRM = Brevets de Randonneurs Mondiaux) in 2018. Brevets completed between November 2017 and October 2018 cannot be used to qualify for PBP, but give you the advantage of early preregistration as follows:

YOU STILL NEED TO START THE DEFINITIVE REGISTRATION PROCESS BEFORE JUNE 18, 2015 OR THE BENEFIT OF YOUR PREREGISTRATION WILL BE LOST.

HOMOLOGATION BRM 1000 KM OR RM 1200 KM	HOMOLOGATION BRM 600 KM	HOMOLOGATION BRM 400 KM	HOMOLOGATION BRM 300 KM	HOMOLOGATION BRM 200 KM
Preregistration opens on	Preregistration opens on	Preregistration opens on	Preregistration opens on	Preregistration opens on
JANUARY 14 2019	JANUARY 28 2019	FEBRUARY 11 2019	FEBRUARY 25 2019	MARCH 11 2019

QUALIFYING BREVETS

To qualify for PBP you must complete a Super Randonneur brevet series (200, 300, 400, and 600 km) of ACP-sanctioned brevets in 2019. Those brevets are offered in over 65 countries around the world.

For example, we are suggesting the following schedule to regional brevet administrators in France:

The calendar of the French and international BRMs is available on the PBP Web site: ***www.paris-brest-paris.org***

BRM 200 KM	BRM 300 KM	BRM 400 KM	BRM 600 KM
FROM FEBRUARY 23 TO MARCH 12	FROM APRIL 6 TO MAY 26	FROM APRIL 20 TO JUNE 2	FROM MAY 4 TO JUNE 30

PBP 2019 SCHEDULE

OFFICIAL PRESENTATION

JANUARY 12, 2019
from 4 p.m.,
at Espace Charenton
75012 PARIS

CHECK-IN

The day before their start, **from August 17 to August 18, 2019**, riders will go through the bike check at the Velodrome National of Saint-Quentin-en-Yvelines and receive their personal documents.

THREE START TIMES ARE POSSIBLE

Riders will start in waves of 300 every 15 minutes. In order to reduce the waiting time, riders will have to select an exact start time at registration.

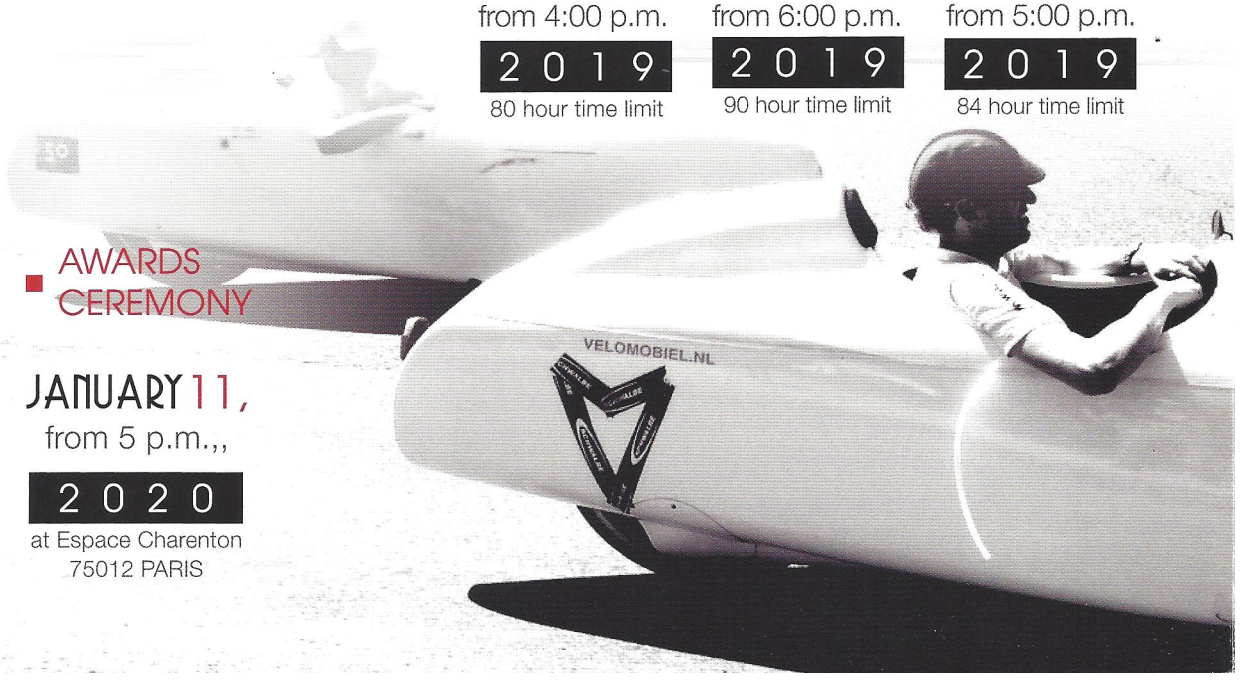
SUNDAY, AUGUST 18 2019	SUNDAY, AUGUST 18 2019	MONDAY, AUGUST 19 2019
from 4:00 p.m.	from 6:00 p.m.	from 5:00 p.m.
80 hour time limit	90 hour time limit	84 hour time limit

CLOSING CEREMONY AND COCKTAIL RECEPTION

AUGUST 22, 2019
from 5 p.m.,
at Vélodrome National de Saint-Quentin-en-Yvelines.

AWARDS CEREMONY

JANUARY 11, 2020
from 5 p.m.,,
at Espace Charenton
75012 PARIS



A SHORT EXTRACT FROM THE RULES

- **The Paris-Brest-Paris Randonneur is open to FFCT, UFOLEP and FSGT members,** as well as to all international riders covered by insurance. The minimum age is 18 years at the date of the start.
- **Triathlon handlebars** and all forms of bar extenders are **forbidden.**
- **Support vehicles are forbidden on the designated route for the riders,** except at the eight intermediary control points.

ABOUT SAFETY

- Bicycles must be equipped with front and rear lights attached firmly to the bike. Lights must be in working order and in non-flashing mode.
- Riders must have an EN1150 (non-professional standard) or EN471 (professional standard) high visibility reflective vest. Alternatives like a reflective sash or belt are not acceptable as substitutes.
- It is strongly recommended to wear a helmet.
- Bicycles must be equipped with front and rear brakes.
- Bicycles must be powered solely by the human body.

THE REGULATIONS WILL BE AVAILABLE FROM JANUARY 2019 ON IN THE BROCHURE OF PRESENTATION AND WILL BE UPDATED ON THE WEBSITE OF THE ORGANIZATION.

CONTROLS (CHECKPOINTS)

THE PROCEDURE AT THE CONTROL POINTS WILL BE ROUGHLY THE SAME AS IN THE LAST SIX EDITIONS OF PBP WITH SOME NECESSARY ADJUSMENTS, I.E.:

- Volunteers will stamp the brevet cards.
- The times of passage will be recorded by scanning the control badges.
- Every ten minutes, the times of passage will be transmitted to our web site.

Eventually, a permanent tracking device might be proposed optionally

THE LOCATION OF THE WELCOME AND CONTROL POINTS REMAINS THE SAME AS IN 2015:

DREUX	65 km	control point on the return only
MORTAGNE-AU-PERCHE	75 km	welcome point on the go, control on the return
VILLAINES-LA-JUHEL	81 km	
FOUGÈRES	88 km	
TINTÉNIAC	54 km	
QUÉDILLAC	26 km	welcome point only
LOUDÉAC	59 km	
ST NICOLAS-DU-PÉLEM	46 km	welcome point only
CARHAIX-PLOUGUER	33 km	
BREST	85 km	

Experience has shown that we can have confidence in the expertise and dedication of the staff at each control. **About 2000 volunteers overall will welcome you with all the friendly attention and understanding you will want for your physical and moral support.**

THE INTERNATIONAL NATURE OF PARIS-BREST-PARIS

IN 2015 66 COUNTRIES STARTING

FRANCE	97	1982	2079
GERMANY	29	494	523
UNITED KINGDOM	24	470	494
USA	58	413	471
ITALY	26	356	382
SPAIN	8	245	253
JAPAN	19	197	216
RUSSIA	9	136	145
BRAZIL	12	104	116
DENMARK	6	106	112
SWEDEN	13	96	109
BELGIUM	1	105	106
CANADA	7	93	100
AUSTRALIA	6	80	86
THAILAND	8	66	74
TAÏWAN	5	65	70
CHINA	3	58	61
NETHERLANDS	1	60	61
GREECE	1	58	59
INDIA	2	53	55
AUSTRIA		52	52
IRELAND	3	44	47
UKRAINE	2	35	37
POLAND	2	32	34
FINLAND	1	28	29
SWITZERLAND	2	27	29
BULGARIA	2	26	28
HONG-KONG		26	26
NORWAY		22	22
SLOVENIA	2	20	22
SERBIA		18	18
SOUTH-AFRICA		15	15
PHILIPPINES	2	12	14
SOUTH KOREA		13	13
PORTUGAL		12	12
HUNGARY	1	10	11
SINGAPOUR	3	8	11
CROATIA		9	9
NEW-ZEALAND	1	8	9
BELARUS	1	7	8
ROMANIA		8	8
INDONESIA		7	7
BOSNIA AND HERZEGOVINA		6	6
ESTONIA		6	6
LUXEMBOURG		6	6
ISRAEL		5	5
MALAYSIA		4	4
MEXICO	1	3	4
ARGENTINA	1	2	3
KAZAKHSTAN	1	2	3
CZESH REPUBLIC		3	3
CAMEROON		2	2
COLOMBIA		2	2
UNITED STATES MINOR OUTLYING ISLANDS	1	1	2
PERU	1	1	2
PORTO-RICO		2	2
SAN-MARINO		2	2
GUERNSEY		1	1
JERSEY		1	1
LITUANIA		1	1
MACAO		1	1
MALTA		1	1
MOLDOVA, REPUBLIC		1	1
UZBEKISTAN		1	1
SRI LANKA		1	1
TUNISIA	1		1
TOTAL	**363**	**5731**	**6094**

In 2019 again, the five continents will be represented.

Given the worldwide growth in the sport of randonneuring, we expect to see in 2019 an even bigger diversity than in the past.

The PARIS-BREST-PARIS Randonneur proves to be the most international cycling event in the world.